

The Joys Of Autumn

Vikings Saga

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Northwest High School
Celebrating 50 Years
Grand Island, Nebraska
October 2013
Issue 2

Trick-or-Treating: When is it the right time to stop?



Melissa Frias

STAFF WRITER

What's Halloween without trick or treating...right? Does anyone really remember what trick-or-treating was even like?

I'm sure a handful of you, whether you openly admit it or not, do.

Most children think of trick-or-treating as that wonderfully thrilling time of year where everyone runs around, house to house, getting candy and dressing up as their favorite characters.

Looking back, I think what it really was, was going out in the cold to get candy from the homes of strangers.

You were either that kid who ate as much candy as possible in one sitting until vomiting was induced, or that responsible kid who "saved" all their candy.

If you're in high school, you really shouldn't be out trick or treating.

High schoolers should be past the age of seeing Halloween as that wonderful experience that every kid gets excited about for months in advance.

Most teenagers dress up in creative costumes, have Halloween parties with a group of friends, and make awesome snacks and treats from Pinterest instead of going out trick-or-treating. That's totally appropriate and fine.

I no longer see the fun in getting candy

out in the cold on a school night.

I'm pretty sure most teens are probably working on Halloween anyways.

Trick-or-treating is just something that is intended for kids and their parents who love taking pictures of their "precious little angels." Which is fine. It's a fun time for parents and kids. **Kids.** I don't think I can stress that enough.

The age to stop trick-or-treating, to me, is between ten and twelve, and even twelve is pushing it.

For those of you who disagree with me and want to go out trick or treating anyways, just ignore all the annoyed parents and angry kids that want to beat you up for taking their candy.

What is your favorite Halloween candy?

**Viking
Voices**



"My favorite candy is Kit Kats."

*Kasie Husman
Junior*



"My favorite candy is Snicker's Peanut Butter Squares."

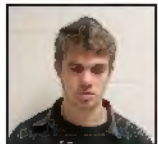
*Sophie Marles
Junior*



"My favorite Halloween candy is Butterfinger."

*Kali LaCost
Junior*

Intervention: Why it's horrible, why it kind of isn't, and why we should probably all just get over it



Kyler Janecek

STAFF WRITER

Intervention. For students at Northwest, it's the talk of the week. Or the last three weeks. Or the century. Or whatever time scale you base it around. No matter who you are, intervention is probably affecting you somehow. Some people have to go to a different room than usual, and have to do different things in the program. All sorts of

strict new rules are revolving around it, and it's causing a lot of controversy. The question at hand is a simple one: "Is there any point to it all?"

Being the joyous and cynical person I am, my instinct would be to say "No, it's pointless and stupid," and then complain about it a bit. Which I did. Weeks ago. Now, however, I'm a little more over it than I was, and I've been thinking about some of the positives. The very few positives that are offered, that is. Still, they are positives, so let's mention them.

It has to be argued, I grudgingly suppose, that the program will force a certain bunch of people to shape up, and if it even helps one person do better in school, it will be considered a success. And it will, we already know this. With no possibility

of playing games, or skipping the class altogether, students will eventually work harder just out of boredom. Though it's a mediocre method, I guess we can call that progress, and it's basically a good thing. It must also be said that this is the only method that works with some people.

So what effect does this have on you and me? Well for starters, there is no leaving the room during intervention for anything, be it to get a book, a bathroom break, or a sudden realization that you are Superman and the world needs you right now. It can wait, apparently. This, as ridiculous and overkill as it may seem, goes to serve a purpose; this purpose, as mentioned before, may seem pointless and stupid but will most likely be productive.

So what's my final opinion? Really, I just don't care. I did, but I got over it. It's really not that big of a problem, anyway. The program isn't as over controlling as it seemed at first, and a vague promise that the kinks will be worked out hangs over our heads, like the presence of a mysterious spider who could either come with presents and joy, or just bite us a little and then crawl away to go spin some webs somewhere. Either of which, I'm sure, someone is gonna whine about.

Viking Saga

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The Viking Saga is the official student publication of Northwest High School in Grand Island, Nebraska. It is printed by the Grand Island Independent nine times (monthly) throughout the school year. The paper is a member of the Nebraska High School Press Association.

Outside submissions, suggestions, or letters to the editor are welcome and encouraged. They may be brought to room 32, or emailed to Ms. Kavan at bkavan@ginorthwest.org. Any and all submissions must be signed for them to be considered for publication, and the editor reserves the right to edit or print any submissions.

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New venues flock to Grand Island

Angelica Carlini
ADS MANAGER

Panda Express- Opening just last month at 960 Allen Drive, the new gourmet Chinese restaurant is getting a lot of hype from the residents of Grand Island. Starting as the 'Panda Inn' in Pasadena, California, it was one of the first restaurants to introduce the robust flavors of Mandarin and Szechuan cuisine to Southern California. Panda Express's claim to fame is their quality of food and use of premium ingredients to provide a healthy and balanced meal. It also offers a buffet-like service that allows you to pick and choose exactly what you want from their broad and nutritious menu. Panda Express is a great place to satisfy any craving and know you are getting the most premium cuisine for your buck.

Bed, Bath, and Beyond- part of the new chain of stores located where the old Furniture Super Center once was, Bed, Bath, and Beyond will be sure to appease any home decorator's needs. The new store will sell merchandise for the home such as the living room,

bathroom, kitchen, and other parts of the house. What most teens will go to Bed, Bath, and Beyond for is dorm decorating. Everyone wants to have an organized and stylish dorm, even if they're not in college yet. Being one of six stores located in Nebraska, the store in Grand Island is the only one to be located somewhere other than Lincoln. With that in mind, we should take advantage of the close location and support the local chain.

Dress Barn- Located right next door to Bed, Bath, and Beyond, Dress Barn offers women's clothing for all sizes. Most of the clothing is marketed for adult women but it also offers teens various options of classy outfits for any occasion. And as you can guess from the name of the store, dresses are their specialty. Now if you were looking for your next homecoming dress, this would not be the right store for you. Their dresses range more from work to cocktail to sweater dresses and manage to stay chic with every style. For elegant outfits for a reasonable price, Dress Barn is the place to go.

CVS Pharmacy- Don't be fooled by the name. CVS is

much more than just a pharmacy.

Located at 1710 W. 2nd, CVS delivers expert care, convenience, and value.

They offer over 10 different departments that are

necessary to you and your family's well-being, such as

health care, beauty products, and home essentials. Not only do they offer health care but they also have a photo center for use at your convenience. CVS also has major deals considering all the savings and reward options available. CVS is an excellent addition to Grand Island with all of the various and affordable services it provides.



Panda Express is just one of the many new businesses now present in Grand Island

History of the Month

Oct. 1, 1972: Walt Disney World opens in Orlando, Florida
Oct. 16, 1793: Marie Antoinette guillotined for treason
Oct. 29, 1929: Stock market crashes, known as Black Tuesday

Oct. 31, Halloween History

Halloween started as a Celtic Festival, known as Samhain, at the end of the Gaelic culture's harvest. October 31 was known as the day that the dead and living overlapped.

Costuming began in the Middle Ages when the poor would dress up on Hallomas (Nov. 1) to practice "souling", a tradition where the poor asked for food and in return they would pray for the dead on November 2nd.

There are references to trick-or-treating as early as 1911, but widespread attention didn't come until 1947 when it was advertised in Jack & Jill's Children's Activities magazine. Walt Disney solidified the tradition in 1952 by having his cartoon characters Ozzie and Harriet trick-or-treat.

Laura Springer
EDITOR-IN-CHIEF



Carving pumpkins is another tradition often associated with Halloween. These jack-o-lanterns were carved by a few members of the freshman class.
Photo Credit: Addie Dupler

Band excels at Harvest of Harmony

Melissa Frias
STAFF WRITER

On Saturday October 5th, downtown Grand Island was busy celebrating the 72nd annual Harvest of Harmony parade, one of the most exciting (and coldest) events that mark the beginning of fall in Grand Island. Bands from all over Nebraska filled the streets with music while their color guard members added a beautiful show to the parades.

"I thought color guard did a great job considering the amount of wind we had that day. Overall as a band, I think we did an outstanding job. It was sad to think it was my last one," senior Daisy Arreola said.

Local businesses, support groups, war veterans, and even political candidates took the proud walk down the parade route. Harvest of Harmony is an event that is always memorable to everyone who attends, and junior Lakiesha Heider was no exception.

"I liked how everybody came together to see it. I'll always remember how cold it was that when I stood up, I couldn't feel my butt," Heider said.

Northwest's Harvest of Harmony Queen, senior Julie Bruns, rode with her father in front of the Northwest band during the parade.

"It was really awesome that the band voted for me, and being able to represent the school at the pageant

was a lot of fun. I met so many girls from other schools and got to know them," Bruns said.

Band members were proud of their success.

"My favorite part was seeing all our hard work pay off at the parade and field show," senior Aaron Borer said.

The Northwest band and color guard received first place in Class A, received best band in parade for Class A and B, and to top it off, they also received a Superior rating in their field show.

"It is always fun for us to play the Harvest of Harmony parade being in our home town. Our band achieved some high ratings, but more importantly, we overcame a very difficult day of weather. I am very proud of our efforts at [the Harvest of Harmony parade,]" said band director Shawn Pfanstiel.



Freshman percussion ensemble members Ben Krupicka and Taylor Harris carry the sign signaling that the band is approaching.

The Toys of Autumn

Spread by Angelica Carlini and Laura Springer

Stuhr Museum's All Hallows Eve

On October 18 & 19, Stuhr Museum hosted its annual All Hallows Eve. All Hallows depicts what Halloween would be like in 1890, with a few modern twists. Visitors are encouraged to wear their favorite costume, the more creative the better.

The event begins in the arbor. Along the trail to Railroad Town are different booths. Each of these booths feature either a trick or a treat; for some visitors are simply given candy, at others visitors have to participate in a challenge or game to get candy. At the end of the treat trail is the entrance to Railroad Town.

Railroad Town features doughnut and apple "bobbing", fall parlor games, spooky stories, hay rack rides, and of course the haunted field. Each of these activities is marked by a lighted jack-o-lantern.

Doughnut and apple bobbing may not quite be what one might think. To avoid cold water on chilly fall nights, a rope line is tied about eight feet from the ground. From it, doughnuts and apples dangle from varying lengths of string. This tricky feat is much harder than it appears, and it's guaranteed to leave participants and spectators alike with smiles on their faces.

Fall parlor games can be found in a few of the homes in Railroad Town. The games vary among the different houses. But, one can always count on hearing a spooky story in the Town Hall. Upon entering the double doors, guests enter a dimly candle-lit room, the perfect setting to tell ghost tales. Just be careful, you never know what will be lurking in the shadows behind!

Hayrack rides are enjoyable for all ages. For a small fee, visitors can ride in a horse-drawn wagon. The wagon takes a long circle around Railroad town and the area surrounding it. A hay-rack ride is a good way to relax or take a break from the many other activities going on around the museum.

Another way to take a break from the festivities is to visit the Silver Dollar or it's smaller component, the Plug Nickel. This is where guests can purchase fall foods and drinks. Popular items on the menu include apple cider, hot chocolate, cookies, and popcorn.

The final, and scariest, activity is the haunted field. This is a must for all ages. This year the haunted field offered two different course options- a path for the younger guests, and a path for the older and more adventurous guests. Both paths began as one, so all guests got a look at the same scares for awhile. But towards the end the path split in two. Those brave enough to take the path less traveled by- the more frightening one- got a look at some never before seen frights!

Whether guests "bob" for apples, take a hayrake ride, or walk through the haunted field, there is something at Stuhr's All Hallows Eve for everyone. But be aware: the ghost bride and haunted scarecrow that lurk on the streetcorners have a wicked sense of scary!

Must Have Fall Treats!

Olive Garden's Pumpkin Cheesecake

The newest dessert addition to Olive Garden's menu is one you can't resist! This fall the restaurant is featuring a slice of pumpkin-flavored cheesecake that is topped with whipped cream and crushed up graham crackers. It's a must-have fall dessert to finish off a gourmet meal!

Panera's Pink Ribbon Bagel

Panera is raising awareness for Breast Cancer during October by donating a portion of each Pink Ribbon bagel sold to help the fight against breast cancer.

Pumpkin Spice Latte

This long awaited fall drink is back in cafes for the season. You can find a pumpkin spice latte at Starbucks or even McDonald's!



Barista's Candy Corn Breve

Inspired by one of fall's most known candies, the candy corn breve is an original to Barista's.

Where to spend a perfect fall day? The Pumpkin Patch!



The sun is shining, the leaves are falling, there's a slight breeze, and pumpkins are everywhere. The pumpkin patch is great fall day outing for all ages. There are two patches near Grand Island: Helgoth's Pumpkin Patch and The Scarecrow Patch, both near St. Libory. Both patches feature petting zoos, bunny towns, corn mazes, zip lines, food, and of course pumpkins!

The first thing you see when you walk into Helgoth's pumpkin patch is the giant jack-o-lantern. It doubles as a bouncy house for kids. The barn, located in the center of all the action, is a great place to take a break from the action and eat your food. For dessert you can head right outside to a fire pit and make a s'more, the perfect fall treat. Mini golf is available for an extra \$2 for those that enjoy friendly competition, or just a fun nine hole game. For those that like to try their luck there is a pumpkin shooter. It's \$1 for 3 mini pumpkins; the object is to knock a tooth out of the jack-o-lantern to win a free pumpkin. The pumpkin patch has any kind of pumpkin you want. Green, orange, big, small, lop sided, or plump. It is a friendly enviornment and it has something for every age.

The Scarecrow Patch is a little less-crowded than Helgoth's. It is a little further drive, but the beautiful fall country scenery on the way makes up for it. Once you've paid your entrance fee and walk through the entrance, there is a giant orange bouncy thing for kids of all ages; it's a must-try. It is bound to bring a smile to any face. Before returning home one must attempt to find their way through the corn maze. If someone gets lost or needs some extra guidance in how to find the exit-or for those that just like to spy-an old truck that overlooks the corn maze and is accesible to all pumpkin patch-goers.

Haunted Houses

Halloween is a time for spooks, scares, and terror and what better way to accomplish that is visiting a haunted house. Not many people know where the best haunted houses are located in Nebraska so this will give you a run-down of the most spine chilling and grisly haunted houses out there.

Terror on 12th Street in Crete is sure to strike fear into even the bravest of people. It features two spectacular haunted attractions- *Bone Shaker* and *Terror On 12th Street*. The cost of entering both haunted houses is just \$15. VIP jump to the front of the line for just \$25. *Terror on 12th Street* is also the only haunted house in Nebraska to offer a pitch black haunted house. You'll only have touch, smell, hearing, and taste to get through this haunted house and it won't be easy with different terrors lurking around every corner.

Nightmare on Q is Omaha's new professional haunted house and scream park. They offer the Midwest's only money back haunt which means if you can make it through the haunted house alive you get all of your money back. But as a forewarning, not many have done it. They also offer three other attractions including *The Raven's Nightmare* (\$13), *the Chaos Maze* (\$7), and *the Last Ride* (\$5).

The last haunted house is *Eagle Hollow Haunts* in Eagle, NE. A \$20 ticket gives you access to three impressive haunted attractions. *Journey to Luminon*, a lush and beautiful 3D alien world. But does something lurk in the shadows? Visit *Darklands*; anything but a walk in the park! *Night Terrors* is also a new addition this season that will make your nightmares a reality. You can also partake in a number of minor attractions throughout the grounds, including fire pits for your own ghost stories, Scary-oke, DJs, and a full concession.

For more information on each haunted house visit their websites. Each one will paralyze you with fear. And just remember: Enter at your own risk.



Senior Hanna Yelkin makes a friend as she visits the Mystery Manor haunted house in Omaha.

"It doesn't help that my worst fear is clowns and there seemed to be one around every corner. It's like a scary movie in real life!"

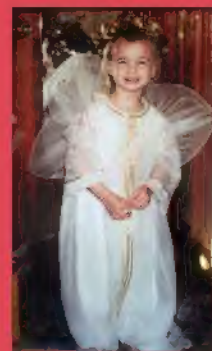
Students' Best Childhood Halloween Costumes



Senior Mariah Franklin (left) and her sister Ashley.



Juniors Erika Saddler (left) and Caitlin Lilienthal (right) and older sister/cousin Jessica.



Junior Jaycee Winton



Senior Julie Bruns

Fall sports seasons begin wrapping up

Jennifer Clement

STAFF WRITER

When some students think of fall sports, they may only think of football and volleyball. No one seems to think of golf, cross country, or softball, but they were three fall sports which saw much success.

Golf

Often, people will underestimate how much work goes into success at the sport of golf.

"Golf is more than just swinging a club until you get

the ball in the hole. It is very mental; you have to keep your head in the game, from the tee of one to the green of eighteen," said sophomore Emily Jeffers.

To Jeffers, "[Golf] is a chance to constantly better yourself and your game. You are never the best you can be at golf."

The golf team had several successes through the season, but Jeffers was the only girl on the team who went to State representing Northwest. Jeffers tied with a girl from Adams Central for thirty-fourth place, and ended with a total of two hundred and five points.

the meets she participated in, and consistently placed near the top. Billington also received third place at both Conference and Districts. Billington and sophomore Kip Jones both qualified to compete at the state cross country meet in Kearney on October 25th.

Softball

Softball is more than a game; it's a lifestyle. These girls put in long hours of difficult practice and discipline. They devoted so much of their time trying to better themselves and their team.

"We are strong all around. It is like a family and everyone cares for each other. We have a very strong senior class; [they are] very talented. Our freshmen are really stepping up. We are a strong team," sophomore Cydney Lounsbury said.

They ended their season by going to the state tournament for the second time in school history, last year being the first. While at State, they had an epic game against Beatrice, who had run-ruled the Vikings earlier in the season. At first it appeared it would end that way again since the score was six to one, but just when everyone started to bet against them, the Vikings made a big come back and won the game thirteen to ten. Unfortunately, they fell out of the tournament in a consolation match against Elkhorn South.

All-in-all, the fall sports teams at Northwest stuck together to create strong, long-lasting relationships. They do what they love and they do their best at it, which showed in many performances throughout the season.

Cross Country

Cross Country can be a grueling sport both mentally and physically, but the runners found ways to work through it.

"Getting past the mental block that says to stop half way [is the hard part]," freshman Chance Borson said. "It's hard work but it always pays off."

The cross country team saw each other as a family. "We are always there [for one another] when we need each other," Borson said.

Junior Megan Billington found great success in the season. She won almost all of

Parental Supervision Required

Get an inside look on students who have to face their parents everyday, whether they want to or not. We asked teacher Mrs. Lewandowski and her daughter Jill, junior, about their feelings on it.

Mrs. Lewandowski

Jill

What do you like most about seeing Jill at school? I like being able to see her in the hallway because she usually passes by my room.



What do you like most about having your mom at school? She is always there when I need something.

What's the hardest part? Because I'm at school I'm able to get things for her but sometimes it's a little too often for my liking.

Are there any downsides? Yes she always creeps on my grades.

What will it be like when Jill leaves for college? It will be hard not seeing her happy face and bubbly personality passing by my room every day.

What will you miss when you leave for college? I will miss seeing her every day.

Angelica Carlini

ADS MANAGER

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Ask Bon Bon <3

Why do guys judge girls on what they look like?

- Hailey Meyer

A: First off, it's not just guys: we all do it. I would say that it's because appearance is the first thing we look at. Before you get to know someone, it's their looks that catch your attention.

There is this guy in one of my classes who always flirts with me. The problem is, he has a girlfriend. What should I do?

- smelling a cheater

A: Well the next time you catch him flirting with you, maybe remind him that he has a girlfriend. A simple "I don't think your girlfriend would approve of this, should work. If it keeps happening, it's time to take charge and tell her what's been going on.

What do you do if you like someone?

- help me

A: Take a deep breath and tell the person how you feel. The worst thing that'll happen is you'll get rejected, but being rejected is a big part of life. It'll only make you stronger!

How do I get a boy to notice me? I've already talked to him in person, but I don't think he likes me. Should I be more upfront? Ugh.

- shy

A: No, not right away; you don't want to scare him away. What you could do is drop little hints here and there. Go buy a good smelling perfume that way he'll remember you. A shoulder touch here and there wouldn't hurt, and make eye contact!

P.S. if you have a question that needs answered, my box is in the main hallway!!! Don't be shy;

Love you all,

Bon Bon

Check out our Extra Content!

Photos *Videos* *Stories* *Reviews*

nwvikingsaga.wordpress.com

Insidious: Chapter Two proves itself an improvement on the original

Jennifer Clement

STAFF WRITER

To get in the Halloween spirit, I went to go see the new horror movie, "Insidious: Chapter Two."

Having seen the first "Insidious," I was excited to go see the sequel.

"Insidious: Chapter Two" takes place directly after the first movie.

The main story line is the Lambert family trying to uncover Josh's childhood secret that has left the family connected to the spirit world.

And if they do not find out what is going on soon, the results may be fatal.

In this movie, you will see scary baby toys, haunted pianos, a really pale lady who needs to get some sun, cross dressing, and some other really weird and twisted stuff.

That's all I am going to say! If you want to know what else is going to happen, go see the movie. Or you can always look it up on the internet.

I really liked this movie. It, in my opinion, was better than the first movie. When I watched the first Insidious, I was not very scared. It was childish. It was more twisted than scary. It would be much scarier for a younger kid, not a teenager.

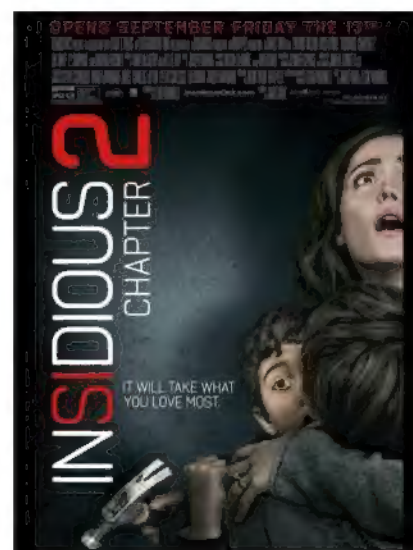
The first one was very confusing

and no one understood what was going on.

"Insidious: Chapter Two" had me jumping more and it explained the first movie a lot.

I really enjoyed getting to see it in theaters too.

If I gave this movie a rating, one being Barney and ten being The Exorcist, I would give it an eight out of ten.



Insidious: Chapter Two

How do you say that again?

THE PHRASE:

Happy Halloween!

IRISH:

sásta
Oíche
Shamhna

HEBREW:

שמח
ליל כל קדושים

CHINESE:

万圣节快乐

GREEK:

Καλές
Απόκριες

HAWAIIAN:

Hau'oli
Ka La
Ho'ola'a!

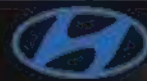


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